



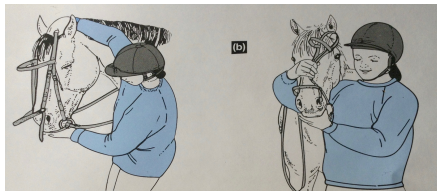
# Riding Centre Updates

Issue #4  
February 2018

## NOT JUST ANY RIDING SCHOOL...

Welcome to the Alborak Pony Club Riding Centre Updates, issue #4! In this issue we will reveal the new levels to the program in hopes that it will assist with rider progression. Let's not forget about some handy tips for tacking up and a tasty read about horse treats.

## A Bit About Bridling



(2 methods of correct bridling)

Just like riding, bridling requires patience and persistence while being in the correct position.

Beginner lesson students learn how to correctly put on and take off the bridle during their session, and the novice students are required to bridle on their own.

Horses have an amazing memory and will become sour or 'head-shy' if pain is associated with bridling.

You will start to see Alborak instructors monitoring the student's method for bridling more often than before. If at any time you are having trouble, please reach out to your instructor or another experienced horse person on the Alborak team.

**\*TIP\*** use a step stool to be taller if your horse lifts up his head.

## One Succulent a Day Keeps the Horses at Bay

suc·cu·lent, *adjective; definition:* (of food) tender, juicy, and tasty.



Here are our guideline for giving our school horses a well deserved treat:

- Always ask your instructor if you are unsure about giving them a treat
- Washed apples and/or carrots only
- Keep treat in a mouse proof container. You can keep it in the locker until ready to feed. Horses will get distracted or pushy if you carry the treats in your pocket
- Use feed tub (no hand feeding)
- Treats should be given as the last step before taking them outside (i.e. after you have put on their blanket)
- Only feed your lesson horse

## Beginner Levels Announcement

We have been monitoring the range of know-how and common holes in some horsemanship practices and have come up with a new idea!

Starting in the 2018 Spring Session, we are introducing Beginner Levels 1 & 2 to the program. Fees and practices will be revisited during the summer break.

## THINK SMART; THINK SAFE

**Beginner Level 1:** Intended for riders new to the Riding School. More time will be allocated out of the saddle to safely promote horsemanship and good barn manners. Basic riding skills will be introduced.

**\*Limit 3 per group.**

**Beginner Level 2:** Intended for riders who have confidently completed Level 1. Remember the barn safety rules, how to catch, groom and lead a horse according to our program.. Basic riding skills will be evolved with more challenging exercises.

The advancement from beginner to novice will still pend on instructor's approval. Please be sure to discuss with the coach prior to registering.

## You can help spread the word

We are looking for supporters of our program to take a quick minute to post an honest review on the Google browser or on Facebook (**Alborak Stable Inc.**).

Thank-you to Madeline Pshyk for posting a positive review on Google. We appreciate the support!



Don't forget to check out our '**Clinic**' tab on the website.

We are offering some fun and educational sessions for the whole family during the 2018 Spring break!