



# Riding Centre Updates

Issue #6  
April 2018

## NOT JUST ANY RIDING SCHOOL...

Welcome to the Alborak Pony Club Riding Centre Update Issue #6! The 2018 Spring Session is about to start and we have created a new fun way to keep track of good and safe habits! Have a read to continue on the path to safe horsemanship.

### The Final Task, Turning Out

Have you ever worked hard at something and was happy when you got to finally go out and play? Have you ever felt hungry and was excited when you finally sat down to a meal?

Sometimes our horses feel that way and forget their manners. Sometimes after hours of work all they want to do is eat or play in the paddock with their friends. It is possible for them to forget that respect and proper manners is more important than a grumbling stomach.

Over the years, the school horses have been trained to kindly be turned out and just like people can develop bad habits if allowed. Here are some tips for turning out your horse in a paddock;

- ▶ Turn him around so that he is facing the gate
- ▶ Have someone close the gate behind you
- ▶ Make sure he stands for a moment then quietly unbuckle the halter and slip it off

### **NEVER** chase or encourage him to take off and run

If your horse is not quiet when being turned out, inform your coach **IMMEDIATELY!**

### You Can Be a Star; NEW for the 2018 Spring Session

Did you remember to clean the bit?



Did you sweep up after your lesson?



Did you help someone in the barn or arena?

How well did you pick the hooves...

We will be on the look out for an Alborak Riding School Star and recording the findings using a simple monitoring system. Surprise inspections will be performed throughout the session by various Alborak teammates. Stars will be awarded to those who have completed a task above the average standard.

At the end of the Spring Session we will look at the tally and see who will be the 2018 Alborak Riding School Spring Star!

IT COULD BE YOU



### Novice Reminder; BE READY

When possible, the novice students should be entering the arena 5-10 mins earlier than their ride time. This allows both horse and rider to start preparing for the mounted portion of the lesson (walk, tack check, walk). Taking the time to perform these tasks correctly will help with the horses wellbeing and rider mentally as no one likes to feel late. It can also alleviate time spent waiting



## THINK SMART; THINK SAFE

for the doorway way to be clear of riders picking hooves.

\*\*Always remember to STOP, CALL "DOOR" (loud enough for people to hear you) AND LOOK BOTH WAYS **BEFORE** ENTERING THE ARENA. If the arena doors are closed, call "door" and wait for someone from the arena to open it for you.

### Boot It Up!

Our riding boots are designed for riding and keeping them lasting longer means taking care of them. Water, mud and dust are ENEMIES to our riding boots! The dryer and dirtier the more likely they are to break and crack.



Keep your riding boots clean during the seasons by bringing an appropriate and **SAFE** change of footwear for all the non riding activities.

**2018 Spring Session Lessons Start Saturday, April 7, 2018**

**2018 Alborak Summer Camp Registration is now open and filling up fast!**

Check out our [website](#) for dates and details